

LIV PREGNANCY & WOMEN'S WELLNESS



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WOMEN'S WELLNESS

KONA
HILO
OCEAN VIEW

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OUR LOCATIONS

—THE BIG ISLAND OF HAWAII—





Grace walked through our doors at LIV with a local woman who had found her outside of a storefront. She shared that she was trying to escape from a lifetime of human trafficking. She had been trafficked by her family and passed around different states throughout her life. She recently had been admitted to a hospital and then upon release, fled to Kona on public transportation. The local woman brought her to us for support in getting her to safety. We spent the day helping her get new clothes, food, file a police report, and apply to safe houses across the mainland. She shared that she believed this was God's Grace

for her life and that she was hopeful for her future. We worked with the woman who brought her in to find her a safe place to stay until she got accepted to a program. One week later, she finally got accepted to a safe house/rehabilitation program. Our team got to spend the afternoon with her before she left, and she was glowing and so excited for this new life ahead of her. She kept telling us how excited she is to heal, make music, and use the proceeds to help other victims out of human trafficking. She was so positive and hopeful from the moment we met her and kept highlighting that her name meant "God's Grace" and that she knew that God had big plans for her. As a parting gift, we were able to give her a necklace in the shape of the Big Island so she could remember this place where she said she believed she would return one day once she was healed and stronger. In another interesting turn, one of our staff happened to be traveling to the mainland and was on both of her flights to the safe house. She was able to travel with her and they prayed together for Grace to accept Jesus as her Savior. This case was such a beautiful partnership between the local community and our team to fight together to get this girl to safety.

Kona Testimony



Hilo Testimony



She can have her life & her baby.

In the Fall, a client came in with abortion questions to our Hilo office. Her housing was tied to her job, and her job demanded being on call and available 24/7. She didn't see any way to have a baby with her current lifestyle. After discussing her current support systems, she headed in to get an ultrasound. During the ultrasound, she saw her baby wiggling around. She was emotional discovering what was happening inside her. When she got back into the room afterwards she shared that she didn't need to hear about abortion options. She had decided on keeping her baby! We then talked about "next steps" and made plans to deal with some big changes that needed to be made. She currently has found a new place to live and is expecting her little baby soon!

When we love them both, women can have their babies AND their dreams.

OUR SERVICES



CBE Classes

Child • birth • education

LIV provides free group Childbirth Education Classes each month. We have a rotation of passionate educators who create a safe space to learn and empower families to create birth plans. Our sessions are dynamic, fun, and create a sense of community for families going through pregnancy and birth in the same season. We value this area of our organization and believe that the more we can empower families with knowledge and community, the better health their families will have!

Medical *Services*

This year, we provided over 600 medical appointments for our clients. Our services include pregnancy testing, ultrasounds, pelvic exams/pap tests, STI testing and treatment, breast exams, and urgent women's health appointments. Our provider team expanded to include RNs, an MD, PA, NP, and a DO. We consistently hear from our clients that we provide a quality of care that they would not otherwise receive. We are honored to have the opportunity to provide excellent health care.



Postpartum Support



Our Postpartum Support Team consists of a perinatal RN, Lactation Consultant (BCLC), and women who are passionate about supporting mothers in the weeks following their births. We provide initial need assessments, emotional screening and support, breastfeeding tools, education on newborn care and physical needs for the mother, and in-home care. Our support team serves our clients for the first six weeks postpartum by visiting them in the home, preparing meals, helping with housework, and any other ways to alleviate the stress of a new baby. The team actively supports the whole family while encouraging and empowering the father as well when he is involved.



Kaira's Story

We first met Kaira during her third trimester with her fourth baby. After birth, our LIV Postpartum Support Team visited her to provide services in newborn care and breastfeeding.

It then became clear that the biggest area of support that Kaira needed was her mental health and support system. Kaira was involved in an abusive relationship, which was taking a great toll on her and making the home environment unstable. Her confidence as a mother was depleted and she was stuck in a cycle of dependence on her abusive partner as he was her primary source of relational connection. Over these last six months, we have had the opportunity to build friendship with Kaira, provide regular support visits, bring encouragement, pray together, and invite the Lord into more areas of her life.

We also have been able to give practical help with meals and equipment for Kaira's children. We've taken the family on outings and connected her with other support in the community.

Seeing that transportation was one of the most significant obstacles for Kaira, some of our team took it upon themselves to help her fundraise for a new car. She had been without a car for six months which led to her being heavily reliant on her previous partner for rides to get groceries, go to appointments, or have any social outings.

Having a reliable vehicle has totally changed her lifestyle. She has been able to engage in more activities and confidently provide for her family. She was recently able to watch her daughter in a dance performance for the very first time because she finally had the means to get there.

This opportunity to invest in Kaira and her family as a team, displays the transformational care that we desire to expand even more at LIV. This type of care not only fills a need, but helps and supports families for long term health and wholeness.



COMMUNITY EVENTS



Women of Influence

gathering

We were very honored to host two Women of Influence Gatherings in 2023. We invited local pastors, pastors wives, ministry and community leaders to join us in both Ocean View and Hilo. Both of these events were powerful, as many women gathered around the vision of LIV and pursued unity to see God move within the Islands of Hawaii . We had a time of worship and roundtable discussion hearing from attendees on new ideas that would impact their communities.

In Hilo, our event fell on the day after the Maui fires. It was powerful to spend time in prayer for our ohana on Maui with the mothers of this island. In Ocean View, a highlight was hearing an unexpected testimony from a woman who attended and shared that she had considered abortion 20 years ago, but chose life after visiting one of our locations back then.

Passionlife

brunch

In April, we hosted two Passion Life Events in Hilo & Kona. Passion Life is an organization that works overseas in the nations with the highest abortion rates. According to their research, only 3% of worldwide abortions happen in the US. They travel to nations such as China, Nepal, India, Cuba and many others teaching pastors and leaders about what God says about abortion and seeing pregnancy ministries like LIV established. During our events, we were able to train over 70 people in the community.

TBRI Training

trust based relational intervention

Bringing Transformational Care

LIV organized a one week intensive training on an evidence based model of care called Trust Based Relational Intervention (TBRI). TBRI is a therapeutic model that empowers caregivers to provide effective support and treatment for at-risk children and adults who have undergone trauma. TBRI has been applied in transforming care in orphanages, courts, residential treatment facilities, group homes, foster and adoptive homes, juvenile justice centers, churches, and schools. Our staff were trained in this model of care to increase our ability to work with clients who have had traumatic backgrounds. We are planning another training in 2024 to promote this knowledge and tools for the community.



THE *birth* OF
LIV EXCHANGE



Meet *needs*

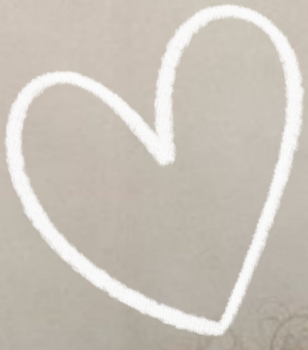
Formerly called Keiki Closet, LIV Exchange was birthed from seeing a need and a heart to serve our local community. We come along side our vulnerable families and foster families, providing essential needs and support. We receive donations from families in the community that include: diapers, formula, baby supplies, newborn to youth clothing, and non perishable food. It's a wonderful way for the community to be a part of helping us to support the LIV families in need. The name LIV Exchange reflects our on-going effort to involve families who receive help in helping others families. The LIV Exchange is designed to be a place where families champion other families.



Mama *services*

LIV Exchange also provides baby showers for our mothers with little to no support. Our heart is to champion every mother that walks through our doors in their God-given identity and provide ways to empower them. It is so important for them to know that they are not alone in their journey.





HUMANKIND

*G*IRLS

BE HUMANKIND

In 2023, we hosted multiple Human Kind Girls Events in the local community, serving over 150 teenage girls. Our events focus on strengthening identity and confidence in this generation, while teaching them about their high value as individuals.

LIV also partners with the University of the Nations to teach the Human Kind Girls workshop to those going overseas. This year, over 75 students were trained and sent to do Human Kind Girls workshops and events in the nations. Students hosted identity events in places like Iraq, Mongolia, Nepal, Kenya and Turkey.



HumanKind Words

LOVED

MASTERPIECE

BEAUTIFUL

FREE/CHOSEN



MATERNAL HEALTH

in the *nations*



PARTNERSHIP WITH THE *University of the Nations*

LIV has a very unique partnership with the University of the Nations (YWAM), providing the opportunity to teach students from around the world about what we do at LIV and inspire them to pursue similar expressions wherever they go. At YWAM there is a solid team of full time YWAM staff who serve LIV in many different areas. Additionally, we run an internship program on occasion, allowing students to get hands-on experience with the services we provide at LIV. Through this partnership, we have connected with many other pregnancy ministries around the globe and continue to desire more collaboration in the area of maternal health.

Guinea Bissau

In July, LIV was able to bring a wireless hand held ultrasound machine and other pregnancy supplies to give to a brand new YWAM pregnancy center in Guinea-Bissau, Africa. Our medical team did an ultrasound training course for the local nurses and doctors, and provided prenatal care and pregnancy education. We are continuing to partner long-term with this clinic to see improved outcomes for moms and babies.

Korea *gathering* est. 2023

In December, some of our staff had the opportunity to travel to Seoul, South Korea to meet with Pastor Lee, the founder of Baby Box. The goal of the gathering was to see their model of ministry as well as connect with others doing work in this sphere of influence. Baby Box has provided support to single mothers while acting as an emergency place for babies who are abandoned. Their team has saved hundreds of babies through the years and is actively changing legislation in Korea to provide more protection and support for single mothers. LIV is continuing to look at ways we can expand our support services for our clients.

DID YOU KNOW?



LIV OFFERS FREE SERVICES TO OUR CLIENTS AND RELIES ON FINANCIAL PARTNERSHIP FROM INDIVIDUALS, FAMILIES, CHURCHES, AND OTHER ORGANIZATIONS IN ORDER TO PROVIDE THOSE SERVICES. LIV DOES NOT RECEIVE REGULAR FEDERAL OR STATE FUNDING. PLEASE CONSIDER THE FOLLOWING WAYS TO PARTNER IN SEEING OUR SERVICES EXPAND AND GROW:

LIV 100

Knowing that we can count on monthly financial support from families, churches and businesses makes all the difference for us. This year, we are believing for **100 NEW monthly supporters to join us at committing to \$100/mo or more.** The LIV 100 represent to us a core group of donors who believe in expanding our vision and services.

ADOPT A DAY

Adopt a day is a way to partner by selecting a particular day of the month and making a donation on that day. Donations are often made in reference to the date of a loved-one passing, a birthday, anniversary or other special day. **Adopt a day pledges start at \$45/mo.**

ONE TIME GIFT

As you read this magazine and reflect on all the hard work that's been done this year, please consider this an opportunity to make a special one-time gift toward our yearly expenses. Your help today, actually makes a difference in the lives of women, children and families.

To give online, visit
livwellwomen.com



or scan this
code with
your phone's
camera

MAHALO NUI LOA



